

You want to do what's best for your child's future! An important aspect is a suitable occupation, but how do you find one?



Dear parents and guardians,

Nowadays, when young people choose a career, there is still strong emphasis on whether it is a typically male or female job, thus ruling out potential and limiting personal skills. Many interesting professions are hidden as a result.

Your guidance is important to their careers. Help your child to explore new horizons!

Many young women possess skills which are in demand even in typical men's jobs, including creativity, communication or language skills. New jobs are constantly emerging, providing good promotion and earning prospects particularly in the technical field.

The job prospects in health and education are excellent and provide varied opportunities. Here, young men are strongly underrepresented and very welcome.

We hope this parental newsletter inspires you to break down gender barriers when exploring the job market.

Markus Biercher

Chair of the Northern Region
Federal Employment Agency (BA)

Jacqueline Bernhardt

Minister of Justice, Equal Opportunities and Consumer Protection of Mecklenburg-Vorpommern

Explore, together with your child, the exciting world of job opportunities!

In a year or two, your child will be finishing school. What type of training/course of studies will she or he decide upon? What are the current trends? What jobs are there in the first place? These are all factors many parents and young people are concerned about.

There are more than 300 training occupations, and more than 20,000 courses of studies.

When choosing an occupation, people often think in stereotypes. Girls are more inclined to choose a „typically female“ and boys a „typically male“ job. They may not even consider a job which doesn't fit the picture, although they may very well be highly suited to it.

What are jobs with a future? How is the job market changing?

Whether your child starts studying or doing an apprenticeship after leaving school, all paths offer development or career prospects. The job market is changing considerably. Climate protection and sustainability are issues which affect our world and which are important to young people when choosing a career. At present, many skilled workers are required in training occupations, particularly in technical and scientific jobs and in computer science.

Social and care professions, too, provide numerous opportunities and are crisis-proof, because they are increasingly in demand.

Encourage your child to do a work placement in the holidays to explore new opportunities!

How can you support your child?

You can be of considerable help to your child by paying less attention to stereotypes and more to individual talents and skills. There are events which concentrate on cliché-free individual job needs. Why not encourage your child to drop by or attend such projects together?

Jungen-Zukunftstag
Boys' Day



Girls' Day
Mädchen-Zukunftstag

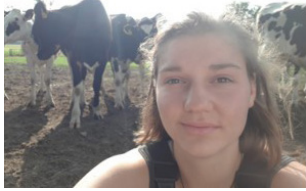


For information and queries concerning Boys' Day and Girls' Day, please consult the state coordination body in Mecklenburg-Vorpommern:

Julia Funk und Judith Rompe
0160 8729321 | 0385 6356-171

funk@arbeitundlebenmv.de | rompe@bwmv.de

Working to promote climate protection and sustainability



Annemarie has finished her apprenticeship in an ecological agricultural business, and is now studying Agricultural Science at Neubrandenburg University. As she puts it, „I wanted to look behind the scenes and find out how our food is produced and the role nature and the environment actually play in this activity. Besides, I've always been interested in

Biology, Geography, Economics and work involving people, animals and vehicles – machines even.“

Annemarie, what is interesting about your career field?

„Farming is extremely multi-faceted and varied. The climate crisis has really shown that you can change things in agriculture. I'm still fascinated by the fact that I'm in a field which provides people with their daily food. We make sure we don't go hungry and can do a lot for our environment.“

„We men are very much in demand in nursing.“

Lukas is an apprentice at the SAWOS Nursing School in Schwerin. Nursing is a career with further development and promotion prospects. „It's a demanding job, but working with people gives you esteem.

I think I have a calming influence on my many female colleagues, and male patients, especially, can confide in me“, Lukas says.



Lukas, what is especially gratifying about your job?

„I meet a wide range of people, and each person has a different story to tell. I also find out a lot about all sorts of medical symptoms and their backgrounds.“

What strong points do you need in your job?

„I have to be self-confident and cordial when dealing with patients, but mustn't take everything too seriously.“

How do parents view their children's choice of career?

We asked Melanie D. (mother of a 19-year-old son):

„After completing school, my son had no clear career concept, but wanted to try something in the area of Design. We both kept doing research on job options, which my son tried out in several work placements. It wasn't always easy to deal with his insecurity. He's now training to be an IT specialist.“

Thomas B. (father of a 16-year-old daughter), explains:

„To me, loving my daughter means that I think about her future. The challenge is to support her without forcing my notions upon her. I want her to be free to find out what she wants to do. I'm very pleased that events like Girls' Day exist, and that the Employment Agency offers expert counselling.“

Information and tips for parents

Find out more by attending school, career guidance, trade fair or parents' evenings

You are also welcome to make a career guidance appointment.

 Bundesagentur für Arbeit



The following information portals provide multiple tips to you as parents and guardians:

 planet-beruf.de
MEIN START IN DIE AUSBILDUNG



 abi
dein weg in studium und beruf



 KLISCHEE FREI

Initiative zur Berufs- und Studienwahl



If your child is uncertain which apprenticeship or course of studies to pursue, there is this exploration tool for orientation:

 CHECK-U

